



Tuckshop Menu

Term 3, 2022

Hot Food

Garlic Bread	\$4.00
Beef Lasagne	\$5.00
Vegetarian Lasagne	\$5.50
Ham & Cheese Hot Pocket	\$4.50
Ham & Cheese Full Toastie	\$4.50
Crispy Chicken Wrap	\$4.00
Kids Sausage Rolls & Sauce	\$4.50
Meat Pie & Sauce	\$4.80

Sandwiches

Vegemite, Honey or Jam	\$3.00
Nutella (contains nuts)	\$3.00
Ham & Cheese	\$4.50
Double Ham or Double Cheese	\$4.50
Egg & Lettuce or Egg Mayo	\$5.00
Chicken Mayo or Chicken & Cheese	\$5.00
Ham & Salad or Chicken & Salad	\$5.50
Tuna Mayo or Tuna & Salad	\$5.50

Super Snacks

Super Snack Box (V) juice popper, home-made muffin, fresh fruit	\$5.00
Snack Attack Box (GF) apple, boiled egg, cheese & crackers, salami stick	\$5.00
White Rock Trail Mix	\$2.50
Popcorn	\$1.00
Cheese & Crackers	\$2.00
Boiled Egg	\$1.00
Seasonal Fruit	\$1.50
Apple Slinky	\$2.00
Tropical Fruit Salad	\$4.00
Cheese Stick	\$2.00
Yoghurt	\$2.50

Sushi & Salads

Karaage Chicken Sushi Bowl	\$6.00
Tuna Sushi Bowl	\$6.00
Caesar Salad with Chicken/Tuna	\$6.00
Garden Salad with Chicken/Tuna/Ham	\$6.00

Bento to Go Boxes \$9.00

Star Wars Box "the pizza of ham & cheese", cheese stick, fresh fruit, popcorn, mini muffin & juice popper
Avengers Pack HOT! Pocket, pretzels, fresh fruit, mini muffin & fruit slushy "strength potion"
Pokemon Pack crispy chicken wrap, fresh fruit, lamington fingers, jelly cup & chocolate milk
Super Sonic Box ham & cheese toastie, mini muffin, fresh fruit, cheese & crackers, juice popper

Sweet Treats

Choc-Chip Muffin	\$2.50
Aussie Lamington (Chocolate, Strawberry)	\$3.00

Fresh Healthy Wraps \$5.00

Cheese & Salad	Tuna & Salad
Chicken & Salad	Ham & Salad
Chicken Caesar	Egg & Salad
Chicken & Cheese	Ham & Cheese

Frozen Treats

Frozen pineapple rings, 2-pack	\$1.00
Icy Pole (100% Fruit Juice) (GF)	\$1.00
Vanilla Ice Cream Tub (GF)	\$3.00

Drinks

Flavoured Milk (Chocolate, Strawberry)	\$3.50	Spring Water	\$2.50
Fruit Slushy (100% Fruit Juice)	\$2.50	Popper (Apple, Orange, Blackcurrant)	\$2.50
Plain Milk Popper	\$2.50		
Up & Go Popper	\$3.00		

Prices correct as of June 2022. Menu items and prices are subject to change.

Find out more about our school:

White Rock State School
www.whiterockss.eq.edu.au

P&C President: Cathy Zeiger E: wrsspnc@gmail.com
Care of 114 Progress Rd, White Rock Qld 4868 PO Box 14009, Mt Sheridan Qld 4868 Ph: 07 4036

Tuckshop Information

White Rock State School Tuckshop aims to provide our Students with healthy high quality food at lowest prices possible. Our tuckshop meets the Healthy Choices guidelines set by Queensland Governments – Smart Choices. You can purchase a variety of choices from both the GREEN and AMBER range. We do not carry items from the RED category of the Smart Choices guidelines. Our Tuckshop has EFTPOS for Tuckshop and Uniform Shop orders. No cash out.

To help the tuckshop operate efficiently the following points are important.

- ❖ All orders to be placed by 9.00 am please use the door when the roller doors are down.
- ❖ All orders are to be written on a paper bag showing students name and class and teacher if possible.
- ❖ Brown Tuckshop Bags are available free of charge from the Tuckshop.
- ❖ If an item is unavailable or there is insufficient money in the bag the Convener will arrange a substitute or return the money. Daily specials will be used where possible.
- ❖ Any change will be taped on to bag for student to receive with their order.
- ❖ Late orders can be placed at first lunch break to be made fresh for second lunch break.
- ❖ If there is a problem with an order, please remind your child to come and see their teacher/ Tuckshop straight away so we can rectify any problems immediately. Bags without names or classes will be kept at the Tuckshop until claimed.
- ❖ NO CREDIT for student's lunches.
- ❖ Donations of fruit and vegetables are always welcomed.
- ❖ Your feedback or suggestions. Please drop a note in the P & C box at the office. Label attention Tuckshop.
- ❖ All volunteers are always needed and welcome. This is a great way to meet people and learn about our school. The busiest time is between 8.00 -11am. We welcome new faces to our volunteer team. Even an hour of your time will be appreciated.

Using the tuckshop is a great way of supporting White Rock State School P&C.
All P&C funds are used in the school for our children.

Tuckshop Service Times:

Breakfast 8.00am – 8.50am

First Lunch Break 11.00am – 11.45am

Second Lunch Break 1.30pm – 2.00pm

